

# Women Who Run With the Wolves

*Tell me, what is it you plan to do with your one wild and precious life?*

*Mary Oliver.*



## Seal Skin - Soul Skin

Saturday 5<sup>th</sup> September 2015

6 hrs CPD per workshop

An open invitation to women with a willingness and desire to connect with their **soul's journey**.  
You do not need any prior experience.

The ancient stories we will be using comes from the book *Women Who Run with the Wolves* by Clarissa Pinkola Estes. This invites us to use our intuition to connect to a place of healing, through story-telling, sharing, ritual, movement and creative materials to open ourselves to the deep wisdom of the body and to listen to the soul's call.

It is our intention to create a safe, sacred space in which we can connect as women to share our feminine nature and spirit to guide ourselves back home.

**Venue: St Bede's Pastoral Centre, 21 Blossom Street, York YO24**

**10am – 4pm**

There will be a maximum of 15 women.

Cost - £75

Early bird – £65. Before 1st August

£20 non-returnable deposit secures your place.

For further details and to book your place contact Jayne or Sybil.

**Jayne Hayden** is a psychosynthesis psychotherapist in private practice for over 20 years. She completed the Leadership Training Programme with Jungian Analyst, Marion Woodman in 2010 and facilitates women's workshops and dream groups. **Tel No: - 01325 483751.** Email: [jaynehayden483@gmail.com](mailto:jaynehayden483@gmail.com)

**Sybil Fuller** trained as a Jungian analyst in Zurich. She has a private practice in York. Sybil is currently in BodySoulLeadership Training and is training in Somatic Experiencing Trauma Therapy in Belfast.

**Tel: 078 24663603** Email: [sybilfuller@yahoo.ie](mailto:sybilfuller@yahoo.ie)